



REGULATIONS OF THE WU15 NATIONAL TEAMS BALTIC CUP 2026 TOURNAMENT

1. Preamble

- 1.1. The present regulations govern the rights, duties and responsibilities of all parties involved in the preparation, organisation and participating in the WU15 National Teams Baltic Cup 2026 tournament (hereinafter – **Tournament**). The Tournament is for WU15 national teams of Lithuania, Latvia, Estonia and Faroe Islands. The host association of the 2026 Tournament is Lithuanian Football Federation.

2. Overall objective

- 2.1. By providing international matches in a tournament environment, this Tournament is organised to supplement the elite youth player pathway within each national association, to develop and raise popularity of football, to improve sporting skills of football players, referees, and coaching staff.

3. Player's eligibility

- 3.1. The national associations are responsible for strict compliance with the player eligibility rules.
- 3.2. Each association's team shall participate with maximum of 23 players, maximum substitutes on the bench is 12, maximum staff members on the bench is 8.
- 3.3. A list of players containing the names, dates of birth, clubs, playing positions and the shirt numbers, which the players will be wearing during the Tournament, shall be sent to the host association no later than 1 (one) week before the start of the Tournament.
- 3.4. Each player taking part in the Tournament must be in possession of a valid passport or identity card from the country for which player is playing, featuring a photograph, and giving player's full date of birth (day, month, and year).
- 3.5. Players are eligible to play in the Tournament if they were born on or after 1st January 2012.

4. Organisational meeting

- 4.1. An organisational meeting could be held online by the request of participating associations.

5. Security

- 5.1. The host association is responsible for order and security before, during and after the match.

6. Accommodation

- 6.1. The host association is responsible for the coordination and organisation of accommodation for the participating associations. It also organises storage, massage, and meeting rooms (which can be shared) for all teams.



- 6.2. The visiting associations shall cover their accommodation expenses (incl. rooms, costs of meeting rooms, meals, kit storage and medical treatment/massage rooms) and laundry and all team related extra costs.
- 6.3. Massage tables – the host association will arrange massage tables for medical treatment and massage room at the hotel for each visiting team.
- 6.4. Laundry – the host association will arrange laundry service at the hotel for each visiting team. The host association will take care of the cost of match equipment (shirts, shorts, and socks) after the match. Other laundry cost shall be covered by the associations using the service.

7. Water supply

- 7.1. The host association shall provide 50 litres per day of still mineral water for each team for training sessions and matches. The visiting associations shall cover water supply related extra costs in case the usage of water exceed the quantity of 50 litres per day.

8. Medical services

- 8.1. The host association must ensure an appropriate medical service at matches, including:
 - 8.1.1. stretchers, which must be kept by the substitutes' benches.
 - 8.1.2. a sufficient number of stretcher bearers.
 - 8.1.3. an ambulance.
 - 8.1.4. medical personnel on stand-by.

9. Filming

- 9.1. A video recording will be made available to the teams at the end of each match. The host association must record all matches on video and deliver all recordings free of charge to the visiting associations. The match recordings must be ready for the teams no later than 2 [two] hours after each match day.

10. Training pitches

- 10.1. All teams must be able to train on a training pitch with the same surface as the match pitches, i.e artificial or natural grass. Training grounds can be shared by the participating teams. Venues of the matches and trainings shall be selected so that the travelling time from the teams' hotel should not be longer than 1,5 [one and a half] hour.

11. Referees

- 11.1. The host association is responsible for appointing referees (referee, two assistant referees and fourth official). A referee observer can be appointed by the host association at its own cost to supervise the referees and conduct post-match analysis meetings.



- 11.2. Referee's report (in English) – the referee shall complete a report and deliver it directly after each match to the host association. This report shall contain information regarding goals, expulsions, cautions, and other matters related with the match.

12. Balls

- 12.1. At least 10 (ten) match balls should be provided for each match.
- 12.2. The host association must provide a minimum of 20 (twenty) training balls to each participating team. Balls should be of the same type, brand, and quality as the ball used for the matches.

13. Ballboys/girls

- 13.1. To ensure the smooth running of matches, the host association must provide an appropriate ball management system for each match, either through ballboys/girls or by placing match balls on designated ball stands around the court.

14. Insurance

- 14.1. Participating associations are responsible for ensuring that all members of their delegation have the required insurance.

15. Flags and national anthems

- 15.1. The host association must contact the participating associations before the Tournament to ensure that they each bring their national flag with them. The flags are to be handed over to the host association at the arrival of team to the Tournament.
- 15.2. At each match the flags of two participating teams shall be raised. The national anthems shall be played before each match.

16. No smoking

- 16.1. Smoking is not allowed in the technical area during matches and training sessions.

17. Gifts

- 17.1. Official dinner for officials shall not be organised in the Tournament. At each match there will be an opportunity to exchange the Association's standard and and/or pins for the players team officials.

18. Prizes

- 18.1. First, second and third place winners will be awarded cup and medals.



19. Tournament venue and schedule

19.1. Tournament games will take place in Birštonas Stadium (Sruogos g. 18, Birštonas).

19.2. The stadium is equipped with natural grass pitch.

19.3. Schedule:

Kick-off	Stadium	Home Team	Away Team
Thu 20th of August: Matchday 1			
12:00	Birštonas stadium	Estonia	Faroe Islands
17:00	Birštonas stadium	Lithuania	Latvia
Sat 22th of August: Matchday 2			
12:00	Birštonas stadium	Latvia	Faroe Islands
17:00	Birštonas stadium	Lithuania	Estonia
Tue 25th of August: Matchday 3			
12:00	Birštonas stadium	Estonia	Latvia
17:00	Birštonas stadium	Faroe Islands	Lithuania

19.4. All teams must arrive the day before their first match.

20. Match format

20.1. **Each match will comprise two halves of 40 minutes.** The half-time interval will last 15 minutes. If the match ends in a draw at the end of normal time, no extra time will be played, and no penalties will be kicked.

20.2. The matches will be played in a group according to the league system, i.e., each team plays with each one.

20.3. 3 [three] points will be awarded for the win, 1 [one] point for a draw.

20.4. If two or more teams are equal on points the following criteria are applied to determine the rankings:

20.4.1. result in matches played among teams in question [number of points, goal difference, number of goals scored].

20.4.2. superior goal difference in all the matches.

20.4.3. higher number of goals scored in all the matches.

20.4.4. minimum number of penalty points [red card – 3 points, yellow card – 1 point].

20.4.5. drawing of lots.

21. Substitutions

21.1. Each team may use up to 9 [nine] substitutes during the match. However, no more than 3 [three] stoppages per team are allowed for substitutions during the 2nd [second] half. Substitutions made at halftime will not be counted as substitution pauses.

21.2. The use of preferably electronic substitution boards to indicate the substitution



- of players is compulsory. Substitution boards must be numbered on both sides.
- 21.3. In case both teams make substitutions at the same time, it will be counted as a pause for both teams. Only if a serious injury occurs, a player may be substituted after the 3 [three] substitution pauses have been used.
- 21.4. A maximum of 1 [one] outfield player may be replaced upon submission to the Tournament organisation of written medical evidence of illness or injury. The replaced player can take no further part in the Tournament and no other outfield player may be replaced. However, goalkeepers may be replaced at any time during the Tournament upon submission to the Tournament host association of written medical evidence of illness or injury.
- 21.5. A player who is given a red card will be suspended for the next match. Likewise, a player who is given 2 [two] yellow cards during the tournament will be suspended for the next match.

22. Other provisions

- 22.1. By entering the Tournament, participating teams and their respective national associations undertake to comply with the Tournament regulations and to observe the principles of fair play.
- 22.2. The matches are played in conformity with the Laws of the Game 2026/27 approved by FIFA and considering these regulations.
- 22.3. The host association has all commercial and media rights for the Tournament and is authorized to exploit these relating to the Tournament and matches.
- 22.4. Any amendments in these regulations may be made upon consensus of all participating Associations.